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Custom Size Measuring Instructions

We strongly recommend asking a friend for help as taking accurate body measurements is a two-person job.

You will need a 60 inch garment measuring tape.

NECK AND BUST CIRCUMFERENCE

To measure your neck, pull the tape around the middle, coming from the back to the front. It should sit at the base of the neck above the collar bone.

To measure your bust, bring the tape around your back and around to the front. Pull it around the apex (or fullest) point of your bust. It should be aligned parallel to the floor, making a straight, horizontal line across both your front and back. If you have someone to help, you record the measurement at the front with your hand down at your sides.

UPPER BUST AND UNDER BUST CIRCUMFERENCE

To measure upper chest, wrap the measuring tape under your armpits around your chest.

To measure the under bust , place a tape measure firmly around your chest and let it rest just under your bust, making sure that the tape is lying straight across your back. Pull it snug but not too tight – it shouldn't cut into your skin. Make note of your measurement in inches

NATURAL WAIST, LOW WAIST AND HIPS CIRCUMFERENCE

To measure your waist, don't measure where your pants finish - this is not your natural waist! Your waist is the smallest part of your torso and right underneath your rib cage near your belly button. Make sure the tape is even across the front and back and parallel to the floor.

To measure your low waist, measure the area an inch and a half below your belly button.

To measure the hips, keep this in mind: it is not where the top of your hip bone is, it is actually around the largest part of your hip area.

FRONT WAIST LENGTH

Start measuring from the side base of your neck, at the top shoulder line, (the middle point between your neck and the tip of your shoulder) and going down towards your waist level** passing over your bust point.

** You can tie a string around your waist so you won't get confused.

Try to keep the tape as straight as possible.

DART POINT

To measure the dart point, use the same starting point on the shoulder as your front waist length, measuring down to the apex of your bust point.

BACK WAIST LENGTH

Like the front waist length measure from the exact same point (middle point between the neck and tip of shoulder) to your waist.

BACK WIDTH

To measure the back width, measure horizontally between your arm (underarm to underarm).

SHOULDER

This is your shoulder seam length. Measure from the base of your neck right in the middle of your shoulder (from a bird's eye view) and along to the tip of your shoulder. If you have trouble determining your shoulder tip, find a garment in your closet that fits well ,then measure the shoulder length of the garment.

ARMHOLE CIRCUMFERENCE

To measure under the arm, wrap your measuring tape around the fullest part of your arm above your elbow. (BICEP)

SLEEVE LENGTH

Have your arm just slightly bent, and measure from the tip of your shoulder over the elbow to your wrist line.